

## Southam Triathlon - Spring Event - 23rd April 2023

Start times may vary slightly but be poolside 15mins early to receive your tags

No	Name	est Start	Gender	Club / Organisation	est swim	Owe
1	Sandra Thornton	08:30:00	Vintage F	None	15:00	
2	claire keane	08:30:30	Veteran M	None	15:00	
3	Glen Batchelor	08:31:00	Vintage M	Spa Striders	14:00	
4	tom cooper	08:31:30	Veteran M	Bishops Itchington Runners	14:00	
5	Andrew Pope	08:32:00	Veteran M	Spa Striders	12:00	
		08:32:30				
		08:33:00				
6	Oliver Beasley	08:33:30	Senior M	Kenilworth runners	12:00	
7	Simon Packman	08:34:00	Veteran M	None	12:00	
8	Launa Wallace	08:34:30	Veteran F	None	12:00	
9	Dean Mason	08:35:00	Veteran M	None	11:00	
10	Tim Goodhew	08:35:30	Veteran M	None	10:45	
		08:36:00				
		08:36:30				
11	Karl eaton	08:37:00	Veteran M	none	10:30	
12	Susan Elden	08:37:30	Veteran F	none	10:20	
13	Lorraine Day	08:38:00	Veteran F	None	10:20	
14	Mike Abbott	08:38:30	Vintage M	none	10:10	
15	Matthew Allen	08:39:00	Senior M	Coventry Triathletes	10:00	
		08:39:30				
		08:40:00				
16	Cain Jones	08:40:30	Senior M	None	10:00	
17	Lee davies	08:41:00	Veteran M	Team Cherwell	10:00	
18	Melanie Thomson	08:41:30	TEAM		10:00	
19	Joanne Sainsbury	08:42:00	Vintage F	None	09:45	
20	Mark Sainsbury	08:42:30	Veteran M	None	09:45	
		08:43:00				
		08:43:30				
21	Simon Ogle	08:44:00	Veteran M	Leamington C&AC	09:30	
22	Debi Coles	08:44:30	Veteran F	Team Cherwell	09:00	
23	Steven Hearn	08:45:00	Veteran M	Team Cherwell	09:00	
24	Sally Wright	08:45:30	Vintage F	Ilkley harriers	09:00	
25	Hazel Mann	08:46:00	Senior F	None	09:00	
		08:46:30				
		08:47:00				

26	Stephen Childs	08:47:30	Vintage M	Rugby triathlon club	09:00	
27	Richard Ravenhall	08:48:00	Veteran M	None	09:00	
28	Peter Scoffield	08:48:30	Vintage M	Spa Striders	09:00	Yes
29	Liz fowler	08:49:00	Senior F	None	08:45	
30	Kim Shaw	08:49:30	Vintage F	team cherwell	08:35	
		08:50:00				
		08:50:30				
31	Ian Thomas	08:51:00	Vintage M	Team Cherwell	08:30	
32	Becky Beasley	08:51:30	Senior F	Kenilworth runners/ Do3	08:30	
33	Jane Carter	08:52:00	Vintage F	Coventry Triathletes	08:30	
34	Lucy Sainsbury	08:52:30	Junior F	None	08:30	
35	Gemma Harrison	08:53:00	Senior F	None	08:30	
36	Gary Nicholls	08:53:30	Vintage M	Rugby triathlon club	08:30	Yes
		08:54:00				
51	Christopher Wilkinson	08:54:30	Veteran M	Stratford-on-Avon Triathlon Club	08:30	
52	Hannah Wilkinson	08:55:00	Junior F	Stratford-on-Avon Triathlon Club	08:30	
53	Joelyon Towey	08:55:30	Veteran M	none	08:30	
54	Matthew Rice	08:56:00	Veteran M	Evesham Running Club	08:20	
55	Phil Gilkes	08:56:30	Vintage M	Team Cherwell	08:18	
		08:57:00				
		08:57:30				
56	angie ridgwell	08:58:00	Veteran F	Preston Tri	08:15	
57	Simon Clarke	08:58:30	Veteran M	Coventry Triathletes	08:15	
58	Caroline Chanides	08:59:00	Veteran F	Team Cherwell Triathlon Club	08:00	
59	Ian Grime	08:59:30	Veteran M	None	08:00	
60	James McMicking	09:00:00	Veteran M	None	08:00	
		09:00:30				
		09:01:00				
61	George Morris	09:01:30	Junior M	Rugby Tri Club	07:55	
62	Terry Cassidy	09:02:00	Vintage M	NCTR	07:50	
63	Ben Clarke	09:02:30	TEAM		07:50	
64	claire arden	09:03:00	Veteran F	Coventry Triathletes	07:45	
65	William Dee	09:03:30	Junior M	none	07:45	
		09:04:00				
		09:04:30				
66	Kate McMicking	09:05:00	Veteran F	None	07:40	
67	Allison Morris	09:05:30	Veteran F	Rugby Tri Club	07:35	
68	Daniel Pebody	09:06:00	Veteran M	Fairview Cottagw	07:30	
69	Heidi Yates	09:06:30	Veteran F	Team cherwell	07:30	
70	Adam Newman	09:07:00	Senior M	None	07:30	

		09:07:30				
		09:08:00				
71	Helene Parpworth	09:08:30	Senior F	Spa Striders	07:20	
72	Ben Phillips	09:09:00	Veteran M	none	07:15	
73	Karl Turley	09:09:30	Senior M	Do3	07:00	
74	Matt Hayward	09:10:00	Veteran M	Rugby Triathlon Club	07:00	
75	Sally Boon	09:10:30	Veteran F	Rugby Triathlon Club	07:00	
		09:11:00				
		09:11:30				
76	Christian Markham	09:12:00	Vintage M	None	07:00	
77	Simon Shepherd	09:12:30	Veteran M	none	06:50	
78	Darren Smith	09:13:00	Veteran M	Kenilworth	06:45	
79	Emily Spencer	09:13:30	Senior F	None	06:30	
80	Michael Pugh	09:14:00	Veteran M	Spa striders	06:25	
		09:14:30				
		09:15:00				
81	Andrew Bull	09:15:30	Veteran M	Aura Triathlon	05:50	
82	Emily Hayward	09:16:00	Junior F	Rugby Triathlon Club	05:45	

**Registration from 1pm & 4:00pm Saturday, or from 6:30am Sunday**

**No.s 1 to 35 (first row) must have their bikes racked no later than 8:15am**

**No.s 51 to 82 (second row) must have their bikes racked no later than 8:35am**

*There are no number from 36 to 50 to even up the rows*

*Please be mindful of those already racing if you are late arriving*

*Only competitors in the transition area once the event is under starters orders*

Vintage F	??-1963
Veteran F	1964-1983
Senior F	1984-1998
Junior F	1999-2008