

## Southam Triathlon - Spring Event - 1st Sptember 2019

V40 = Entrants with a birth year of 1979 and before (40 and over)

Start times will vary slightly but be poolside 15mins early to receive your tags

No.	Name	Start Time	Age Group	Club	Est.Swim
1	Nitin Borate	08:00:00	Sen M		19:00
2	sandra thornton	08:00:30	V40 F		15:00
3	Claire Keane	08:01:00	V40 F		15:00
4	Philip Trigg	08:01:30	V40 M	Team Wass coaching	13:27
5	Sandra Johnson	08:02:00	V40 F		10:00
6	R Harris	08:02:30	V40 F		12:30
7	Sarah Jewell Sorrell	08:03:00	Sen F		12:30
8	dave runacres	08:03:30	V40 M		12:00
9	David Cox	08:04:00	V40 M		12:00
10	Chizuru Hamasaki	08:04:30	Sen F		11:30
11	Robert Manley *	08:05:00	V40 M		11:00
		08:05:30			
		08:06:00			
12	Philip Prior	08:06:30	V40 M		10:45
13	Graham Saunders	08:07:00	V40 M		10:30
14	Simon Hewitt	08:07:30	V40 M		10:15
15	Alan Towler	08:08:00	V40 M	Rugby Triathlon	10:15
16	Mike Abbott	08:08:30	V40 M		10:05
17	Carin Jackson	08:09:00	V40 F		10:00
18	Luke Burndred	08:09:30	V40 M	Rugby Triathlon Club	10:00
19	Simon Packman	08:10:00	V40 M		10:00
20	Roger Eadon	08:10:30	V40 M		10:00
21	Neil Lawson	08:11:00	V40 M		10:00
		08:11:30			
		08:12:00			
		08:12:30			
22	David Shepherd	08:13:00	V40 M	Team Cherwell	10:00
23	Joelyon Towey	08:13:30	V40 M		10:00
24	Chloe Bunn *	08:14:00	Sen F		10:00
25	Marc Finch	08:14:30	Sen M		10:00
26	Marie Baker	08:15:00	V40 F		09:45
27	Andy Sillman	08:15:30	V40 M		09:30
28	Jon Chambers	08:16:00	V40 M		09:30
29	Stefan Harris	08:16:30	V40 M		09:30
30	Claire Stanley	08:17:00	V40 F		09:30
31	Naomi Walters	08:17:30	V40 F	Rugby Triathlon club	09:00
32	Paul Henderson	08:18:00	V40 M		09:00
		08:18:30			
		08:19:00			
33	Katherine Dobson-Bailey	08:19:30	V40 F		09:00
34	Emma Dennard	08:20:00	V40 F		09:00
35	Ian Grime	08:20:30	Sen M		09:00
36	Liz Allaway	08:21:00	Sen F		09:00
37	Emily Roberts	08:21:30	Sen F		09:00
38	Sophia Cooper	08:22:00	Sen F	OneFitMama UK	09:00

39	Luke Fallon	08:22:30	Sen M	Team Cherwell	09:00
40	kim shaw	08:23:00	V40 F	team cherwell	08:45
41	Stuart Green	08:23:30	V40 M	Team Cherwell	08:45
42	Eric Stanley	08:24:00	Sen M		08:40
		08:24:30			
		08:25:00			
		08:25:30			
43	Natasha Pearce	08:26:30	Sen F		08:30
44	Yvonne Barrett	08:27:00	V40 F	TRI ANGLIA TRIATHLON CLUB	08:24
45	Spencer Harris	08:27:30	V40 M		08:15
46	Thomas Roberts	08:28:00	Sen M		08:15
47	Wayne Curtis	08:28:30	V40 M		08:09
48	Alice Manwaring	08:29:00	Sen F		08:03
49	Paul Willis	08:29:30	V40 M		08:00
50	Lorna Hegarty	08:30:00	Sen F	Coventry triathletes	08:00
51	Kara Tranter	08:30:30	Sen F	Tri Energy	08:00
		08:31:00			
		08:31:30			
		08:32:00			
52	John Stones	08:32:30	Sen M		08:00
53	Paul Nash	08:33:00	V40 M	Stratford Upon Avon AC	07:50
54	Jacqueline Smith	08:33:30	V40 F	Team Cherwell	07:50
55	Eve Walpole	08:34:00	V40 F	Leamington C&AC	07:45
56	Gavin Meredith	08:34:30	Sen M		07:45
57	Adam Hodgkinson	08:35:00	Sen F		07:45
58	Terry Cassidy	08:35:30	V40 M	North Cotswolds Tri and run	07:40
59	Michael Griffiths	08:36:00	Sen M	Do3	07:40
60	Sonya Chapman	08:36:30	Sen F	Coventry Tri	07:40
61	Jenny Mills	08:37:00	Sen F	Spa Striders	07:40
		08:37:30			
		08:38:00			
		08:38:30			
62	Allan Rushforth	08:39:00	V40 M		07:30
63	Paul Bashford	08:39:30	V40 M		07:30
64	Andy Mason	08:40:00	V40 M	Ricardo	07:30
65	Tim Flight	08:40:30	Sen M		07:30
66		08:41:00			
67	Heidi Yates	08:41:30	Sen F	Team Cherwell	07:15
68	Iain McLaughlin	08:42:00	Sen M	Team Wass Coaching	07:15
69	Stephen Beck	08:42:30	V40 M	Team Cherwell	07:10
70	Gary Waite	08:43:00	V40 M		07:00
71	Helene Wright	08:43:30	Sen F	Spa Striders	07:00
		08:44:00			
		08:44:30			
		08:45:00			
72	Alessandro Zanconato	08:45:30	Sen M	Birmingham Running and Triathlon	07:00
73	Darren Smith	08:46:00	V40 M		06:45
74	Darren Craddock	08:46:30	V40 M	Do3	06:45
75	Paul Meigh	08:47:00	Sen M		06:45
76	Anna Wordsworth	08:47:30	V40 F	Coventry Triathletes	06:40
77	Jennifer Draper	08:48:00	Sen F		06:30

78	Katie Browne	08:48:30	Sen F		06:30
79	Isabel Davis	08:49:00	Sen F	BRAT	06:30
80	James Purdy	08:49:30	Sen M	Stratford-upon-Avon triathlon club	06:20
81	Guy Bicknell	08:50:00	V40 M	Do3	06:15
		08:50:30			
		08:51:00			
		08:51:30			
82	Chris Millin	08:52:30	Sen M		06:00
83	Olie Whiting	08:53:00	Sen M	Team cherwell	06:00
84	Jake Louis	08:53:30	Sen M	Do3	05:55
85	Kevin Walpole	08:54:00	V40 M	Leamington Cycling & Athletics Club	05:45
86	Roisin Browne	08:54:30	Sen F	Team Surrey	05:30
87	Tom Herbert	08:55:00	Sen M		05:30
88	Tom Tyler	08:55:30	Sen M	Rugby Triathlon Club	04:45

**Registration from 1pm & 5:00pm Saturday, or from 6:00am Sunday**

**No.s 1 to 50 (first row) must have their bikes racked no later than 7:45am**

**No.s 51 to 100 (second row) must have their bikes racked no later than 8:20am**

*Please be mindful of those already racing if you are late arriving*

*Only competitors in the transition area once the event is under starters orders*