

## Southam Triathlon - 29th April 2018

Here	No.	Full Name	Start time	Age Group	Club	est. Swim	Team bike	Team run
	No. 202	Philip Quilty	Start Time: 07:59:30 am	Age Group: Sen M		est.Swim: 20:00		
	No. 1	Carl hawkins	Start Time: 08:00:00 am	Age Group: V40 M	Club: Rugby Triathlon Club	est.Swim: 18:00		
	No. 2	Natalie Cutler	Start Time: 08:00:30 am	Age Group: V40 F	Club: Kingfisher Harriers	est.Swim: 16:00		
	No. 3	Stefan Harris	Start Time: 08:01:00 am	Age Group: V40 M		est.Swim: 16:00		
	No. 4	Ian Taylor	Start Time: 08:01:30 am	Age Group: V40 M	Club: Tri Energy	est.Swim: 15:30		
	No. 5	Rachel Harris	Start Time: 08:02:00 am	Age Group: V40 F		est.Swim: 14:00		
	No. 6	Nicola Lester	Start Time: 08:02:30 am	Age Group: V40 F		est.Swim: 13:00		
	No. 7	Glen Batchelor	Start Time: 08:03:00 am	Age Group: V40 M		est.Swim: 13:00		
	No. 8	Graham Saunders	Start Time: 08:03:30 am	Age Group: V40 M		est.Swim: 13:00		
	No. 9	Claire Stinchcombe	Start Time: 08:04:00 am	Age Group: Sen F		est.Swim: 13:00		
	No. 10	Sandra Johnson	Start Time: 08:04:30 am	Age Group: Sen F		est.Swim: 13:00		
			Start Time: 08:05:00 am					
			Start Time: 08:05:30 am					
			Start Time: 08:06:00 am					
	No. 11	graeme walters	Start Time: 08:06:30 am	Age Group: V40 M		est.Swim: 12:30		
	No. 12	Sarah Walters	Start Time: 08:07:00 am	Age Group: V40 F		est.Swim: 12:30		
	No. 13	Louise Colley	Start Time: 08:07:30 am	Age Group: V40 F		est.Swim: 12:00		
	No. 14	Craig Richards	Start Time: 08:08:00 am	Age Group: Sen M		est.Swim: 12:00		
	No. 15	Mike Fairhurst	Start Time: 08:08:30 am	Age Group: V40 M		est.Swim: 11:30		
	No. 16	Daniel Hobson	Start Time: 08:09:00 am	Age Group: V40 M		est.Swim: 11:30		
	No. 17	Steve CHADWICK	Start Time: 08:09:30 am	Age Group: V40 M		est.Swim: 11:30		
	No. 18	Gareth Stephenson	Start Time: 08:10:00 am	Age Group: V40 M		est.Swim: 11:15		
	No. 19	Chizuru Hamasaki	Start Time: 08:10:30 am	Age Group: Sen F		est.Swim: 11:15		
	No. 20	Jane Farmer	Start Time: 08:11:00 am	Age Group: V40 F	Club: 1485 Tri Club	est.Swim: 11:00		
			Start Time: 08:11:30 am					
			Start Time: 08:12:00 am					
			Start Time: 08:12:30 am					
	No. 21	Laura Farwell	Start Time: 08:13:00 am	Age Group: Sen F	Club: Worcester triathlon club	est.Swim: 11:00		
	No. 22	Mark Southwell	Start Time: 08:13:30 am	Age Group: V40 M		est.Swim: 10:30		
	No. 23	Alan Towler	Start Time: 08:14:00 am	Age Group: V40 M	Club: Rugby Triathlon Club	est.Swim: 10:20		
	No. 24	James Clarke	Start Time: 08:14:30 am	Age Group: V40 M		est.Swim: 10:20		
	No. 25	Jayne Mumford	Start Time: 08:15:00 am	Age Group: V40 F	Club: Coventry Triathlon Club	est.Swim: 10:01		
	No. 26	Mel Plumridge	Start Time: 08:15:30 am	Age Group: V40 M	Club: Rugby Triathlon Club	est.Swim: 10:00		
	No. 27	Richard Lane	Start Time: 08:16:00 am	Age Group: V40 M		est.Swim: 10:00		
	No. 28	Diana Cripps	Start Time: 08:16:30 am	Age Group: V40 F		est.Swim: 10:00		
	No. 29	Mark Angove	Start Time: 08:17:00 am	Age Group: V40 M		est.Swim: 10:00		
	No. 30	Luke Burndred	Start Time: 08:17:30 am	Age Group: V40 M	Club: Rugby Triathlon Club	est.Swim: 10:00		
			Start Time: 08:18:00 am					
			Start Time: 08:18:30 am					
			Start Time: 08:19:30 am					
	No. 31	Andrew Smith	Start Time: 08:20:00 am	Age Group: Sen M		est.Swim: 10:00		
	No. 32	Simon Packman	Start Time: 08:20:30 am	Age Group: V40 M		est.Swim: 10:00		
	No. 33	Louise Rutherford	Start Time: 08:21:00 am	Age Group: V40 F		est.Swim: 10:00		
	No. 34	David Shepherd	Start Time: 08:21:30 am	Age Group: V40 M	Club: Team Dogga	est.Swim: 10:00		
	No. 35	Douglas Rose	Start Time: 08:22:00 am	Age Group: V40 M	Club: Team Cherwell	est.Swim: 10:00		
	No. 36	Lin Englishby	Start Time: 08:22:30 am	Age Group: V40 F	Club: Team Cherwell	est.Swim: 10:00		
	No. 37	Paul Henderson	Start Time: 08:23:00 am	Age Group: V40 M		est.Swim: 10:00		
	No. 38	Steve Lane	Start Time: 08:23:30 am	Age Group: Sen M		est.Swim: 10:00		
	No. 39	Ewan Rayment	Start Time: 08:24:00 am	Age Group: Sen M		est.Swim: 10:00		
	No. 40	Linsey Yeomans	Start Time: 08:24:30 am	Age Group: Sen F	Club: Massey Ferguson RC	est.Swim: 10:00		
	No. 203	Richard Harland	Start Time: 08:25:00 am	Age Group: V40 M		est.Swim: 09:45		
			Start Time: 08:25:30 am					
			Start Time: 08:26:00 am					
	No. 41	Christopher Morris	Start Time: 08:26:30 am	Age Group: Male	Club: Tri Energy	est.Swim: 09:45		
	No. 42	Claire Westrope	Start Time: 08:27:00 am	Age Group: V40 F	Club: NHS	est.Swim: 09:30		
	No. 43	Claire Stanley	Start Time: 08:27:30 am	Age Group: Sen F		est.Swim: 09:30		
	No. 44	Thomas Harrison	Start Time: 08:28:00 am	Age Group: Sen M		est.Swim: 09:30		
	No. 45	sula broad	Start Time: 08:28:30 am	Age Group: Sen F		est.Swim: 09:30		
	No. 46	Frances Lammymman	Start Time: 08:29:00 am	Age Group: Sen F	Club: Team Surrey Triathlon	est.Swim: 09:20		
	No. 47	Mike Abbott	Start Time: 08:29:30 am	Age Group: V40 M		est.Swim: 09:15		
	No. 48	Karen Burnett	Start Time: 08:30:00 am	Age Group: V40 F		est.Swim: 09:15		
	No. 49	Christina Moore	Start Time: 08:31:00 am	Age Group: Sen F		est.Swim: 09:15		
	No. 50	Emily Willis	Start Time: 08:31:30 am	Age Group: Sen F		est.Swim: 09:15		
			Start Time: 08:32:00 am					
			Start Time: 08:32:30 am					
	No. 51	Simon Rolls	Start Time: 08:33:00 am	Age Group: V40 M		est.Swim: 09:10		
	No. 52	Richard Biggs	Start Time: 08:33:30 am	Age Group: V40 M		est.Swim: 09:10		
	No. 53	Roger Eadon	Start Time: 08:34:00 am	Age Group: V40 M		est.Swim: 09:01		
	No. 54	Dave Green	Start Time: 08:34:30 am	Age Group: V40 M		est.Swim: 09:00		
	No. 55	Sue Willis	Start Time: 08:35:00 am	Age Group: V40 F	Club: Team Cherwell	est.Swim: 09:00		
	No. 56	Julie Rae	Start Time: 08:35:30 am	Age Group: V40 F	Club: Triathlon Redditch	est.Swim: 09:00		
	No. 57	Kevin Sherry	Start Time: 08:36:00 am	Age Group: V40 M	Club: Coventry Triathletes	est.Swim: 09:00		

No. 58	Sue Lenihan	Start Time: 08:36:30 am	Age Group: V40 F	Club: Team Cherwell	est.Swim: 09:00		
No. 59	Wendy Woodward	Start Time: 08:37:00 am	Age Group: V40 F	Club: Team Cherwell	est.Swim: 09:00		
No. 60	Michael Coomber	Start Time: 08:37:30 am	Age Group: V40 M		est.Swim: 09:00		
No. 123	Jeff Heape	Start Time: 08:38:00 am	Age Group: V40 M		est.Swim: 09:00		
		Start Time: 08:38:30 am					
		Start Time: 08:39:00 am					
No. 61	Gemma Howell	Start Time: 08:39:30 am	Age Group: Sen F		est.Swim: 09:00		
No. 62	Ian Grime	Start Time: 08:40:00 am	Age Group: Sen M		est.Swim: 09:00		
No. 63	Ruth McCairns	Start Time: 08:40:30 am	Age Group: V40 F		est.Swim: 09:00		
No. 64	Lorraine Parsons	Start Time: 08:41:00 am	Age Group: Sen F	Club: Spa Striders	est.Swim: 08:45		
No. 65	Kim shaw	Start Time: 08:41:30 am	Age Group: V40 F	Club: Team Cherwell	est.Swim: 08:30		
No. 66	Gavin McArthur	Start Time: 08:42:00 am	Age Group: V40 M	Club: Coventry Triathletes	est.Swim: 08:30		
No. 67	Catherine Nightingale	Start Time: 08:42:30 am	Age Group: V40 F		est.Swim: 08:30		
No. 68	Kirk Finlinson	Start Time: 08:43:00 am	Age Group: V40 M	Club: Triathlon Redditch	est.Swim: 08:30		
No. 69	Andrew Costello	Start Time: 08:43:30 am	Age Group: Sen F		est.Swim: 08:30		
No. 70	Lisa perry	Start Time: 08:44:00 am	Age Group: Sen F		est.Swim: 08:20		
		Start Time: 08:44:30 am					
		Start Time: 08:45:00 am					
No. 71	Rachel Brown	Start Time: 08:45:30 am	Age Group: V40 F	Club: BRAT	est.Swim: 08:15		
No. 72	Mike Beard	Start Time: 08:46:00 am	Age Group: V40 M		est.Swim: 08:15		
No. 73	Steven Rose	Start Time: 08:46:30 am	Age Group: V40 M	Club: Mr	est.Swim: 08:15		
No. 74	Caroline Neaves	Start Time: 08:47:00 am	Age Group: V40 F	Club: Solarman	est.Swim: 08:15		
No. 75	Alison Robbins	Start Time: 08:47:30 am	Age Group: V40 F	Club: DO3 & EVT	est.Swim: 08:10		
No. 76	Stuart Green	Start Time: 08:48:00 am	Age Group: V40 M	Club: Team Cherwell	est.Swim: 08:00		
No. 77	Michael Hughes	Start Time: 08:48:30 am	Age Group: V40 M		est.Swim: 08:00		
No. 78	Sarah Chaundler	Start Time: 08:49:00 am	Age Group: V40 F		est.Swim: 08:00		
No. 79	Ian Taylor	Start Time: 08:49:30 am	Age Group: V40 M		est.Swim: 08:00		
No. 80	Valentin Giurgiu	Start Time: 08:50:00 am	Age Group: Sen M		est.Swim: 08:00		
		Start Time: 08:50:30 am					
		Start Time: 08:51:00 am					
No. 81	Steven Ingham	Start Time: 08:51:30 am	Age Group: Sen M		est.Swim: 08:00		
No. 82	Mark Owen	Start Time: 08:52:00 am	Age Group: Team		est.Swim: 08:00	Phil Walker	Owen Milton
No. 83	Elaine Synott	Start Time: 08:52:30 am	Age Group: Team		est.Swim: 08:00	Elaine Synott	Clare McArthur
No. 124	Marina Lobato	Start Time: 08:53:00 am	Age Group: Sen F		est.Swim: 07:50		
No. 84	Terry Cassidy	Start Time: 08:53:30 am	Age Group: V40 M	Club: Triathlon England member	est.Swim: 07:50		
No. 85	Jame Daly	Start Time: 08:54:00 am	Age Group: V40 M	Club: Rugby Triathlon Club	est.Swim: 07:45		
No. 86	Helene Wright	Start Time: 08:54:30 am	Age Group: Sen F	Club: Spa Striders	est.Swim: 07:45		
No. 87	Fiona Quigley	Start Time: 08:55:00 am	Age Group: Sen F	Club: Rugby Triathlon Club	est.Swim: 07:40		
No. 88	Rebecca Brown	Start Time: 08:55:30 am	Age Group: Team	Club: Do3	est.Swim: 07:40	Andy Brown	Andy Brown
No. 89	Phil Gilkes	Start Time: 08:56:00 am	Age Group: V40 M		est.Swim: 07:35		
No. 90	Heidi Yates	Start Time: 08:56:30 am	Age Group: Sen F	Club: Team Cherwell	est.Swim: 07:35		
		Start Time: 08:57:00 am					
		Start Time: 08:57:30 am					
No. 91	angie ridgwell	Start Time: 08:58:00 am	Age Group: V40 F	Club: Preston Tri	est.Swim: 07:30		
No. 92	Jason Robbins	Start Time: 08:58:30 am	Age Group: V40 M	Club: DO3 & EVT	est.Swim: 07:30		
No. 93	Kate Wilson	Start Time: 08:59:00 am	Age Group: V40 F	Club: DO3	est.Swim: 07:30		
No. 94	Emma Plumridge	Start Time: 08:59:30 am	Age Group: Sen F	Club: Rugby Triathlon Club	est.Swim: 07:30		
No. 206	Richard Grounds	Start Time: 09:00:00 am	Age Group: Sen M		est.Swim: 07:30		
No. 95	Darren Hadley	Start Time: 09:00:30 am	Age Group: V40 M		est.Swim: 07:25		
No. 200	Rose Durrant	Start Time: 09:01:00 am	Age Group: Sen F		est.Swim: 07:20		
No. 96	Iain McLaughlin	Start Time: 09:01:30 am	Age Group: Sen M	Club: Leamington Cycling and Athleti	est.Swim: 07:15		
No. 97	Fiona Edwards	Start Time: 09:02:00 am	Age Group: Sen F	Club: Spa Striders	est.Swim: 07:10		
No. 98	Alan Dark	Start Time: 09:02:30 am	Age Group: V40 M		est.Swim: 07:05		
No. 99	Christian Markham	Start Time: 09:03:00 am	Age Group: V40 M	Club: Triathlon England	est.Swim: 07:00		
No. 100	G Waite	Start Time: 09:03:30 am	Age Group: V40 M		est.Swim: 07:00		
		Start Time: 09:04:00 am					
		Start Time: 09:04:30 am					
No. 101	Rob Wilson	Start Time: 09:05:00 am	Age Group: V40 M	Club: Coventry Triathletes	est.Swim: 07:00		
No. 102	Jonathan Ward	Start Time: 09:05:30 am	Age Group: V40 M	Club: Do3 Coaching Squad	est.Swim: 07:00		
No. 103	Nigel Edginton	Start Time: 09:06:00 am	Age Group: V40 M	Club: Worcester tri club	est.Swim: 07:00		
No. 104	Richard Wyllie-Howkins	Start Time: 09:06:30 am	Age Group: V40 M		est.Swim: 07:00		
No. 105	Edd Banks	Start Time: 09:07:00 am	Age Group: Sen M	Club: RLSCC	est.Swim: 07:00		
No. 106	Albie Waterton	Start Time: 09:07:30 am	Age Group: Sen M	Club: Seshletes	est.Swim: 06:58		
No. 107	John-Paul Hamilton	Start Time: 09:08:00 am	Age Group: V40 M	Club: Team Cherwell	est.Swim: 06:56		
No. 108	Edward Anderson	Start Time: 09:08:30 am	Age Group: V40 M		est.Swim: 06:55		
No. 109	Ben Jenkins	Start Time: 09:09:00 am	Age Group: Sen M		est.Swim: 06:50		
No. 110	Paul Meigh	Start Time: 09:09:30 am	Age Group: Sen M		est.Swim: 06:50		
		Start Time: 09:10:00 am					
		Start Time: 09:10:30 am					
No. 111	Simon Shepherd	Start Time: 09:11:00 am	Age Group: V40 M		est.Swim: 06:45		
No. 112	Paul Squire	Start Time: 09:11:30 am	Age Group: Sen M	Club: Do3 Squad	est.Swim: 06:45		
No. 113	Martin Oakhill	Start Time: 09:12:00 am	Age Group: V40 M	Club: Epsom Triathlon Club	est.Swim: 06:40		
No. 114	Marcus Wild	Start Time: 09:12:30 am	Age Group: Sen M	Club: Horten Triathlon club	est.Swim: 06:40		
No. 115	Anna Wordsworth	Start Time: 09:13:00 am	Age Group: V40 F	Club: Coventry Triathletes	est.Swim: 06:35		
No. 201	Sebastian Jones	Start Time: 09:13:30 am	Age Group: Sen F		est.Swim: 06:30		

No. 116	Dave Lane	Start Time: 09:14:00 am	Age Group: V40 M		est.Swim: 06:20		
No. 117	Shannon Wennington	Start Time: 09:14:30 am	Age Group: Sen F	Club: Seshletes	est.Swim: 06:16		
No. 119	Andrew Bonjour	Start Time: 09:15:00 am	Age Group: Sen M	Club: Spa Striders	est.Swim: 06:15		
No. 118	Ollie Senior	Start Time: 09:15:30 am	Age Group: Sen M	Club: Stratford Athletics Club	est.Swim: 06:15		
No. 120	Benjamin Leugs	Start Time: 09:16:00 am	Age Group: Sen M	Club: Rugby Triathlon Club	est.Swim: 06:10		
No. 121	Samuel Worfolk	Start Time: 09:16:30 am	Age Group: Sen M	Club: Bicester Junior Tri	est.Swim: 06:00		
No. 122	Richard Shephard	Start Time: 09:17:00 am	Age Group: Sen M	Club: Stratford on Avon Tri Club	est.Swim: 05:30		

registration from 1pm & 5:30pm Saturday, or from 6:00am Sunday

**No.s 1 to 60 (first row) must have their bikes racked no later than 7:45am**  
**No.s 71 to 130 (second row) must have their bikes racked no later than 8:15am**

*Please be mindful of those already racing if you are late arriving*  
*Only competitors in the transition area once the event is under starters orders*